

Fall / Winter 2009 / 2010

# MARKHAM SKATING CLUB POWER SKATING



## THE MARKHAM SKATING CLUB

is proud to offer a dynamic and motivating Power Skating Program aimed at building strong skating skills for new and experienced hockey players and teams.

**One NEW LOWER price for this season!**

September 9th to March 9th, 2010

**Price**

\$500 for the season

All sessions at Markham Village Arena.



### 2009 - 2010 Power Skating Schedule

DAY	TIME	ARENA
Tuesday	7:00-7:55	Village
Tuesday	8:05-9:00	Village
Friday	7:10-8:00	Village



Sessions for individuals or Teams.

Each session is lead by our experienced certified coaches who are skilled in providing real power to your skaters to improve speed, balance, agility and overall skating skill!

Bring along your hockey stick and the coaches will incorporate the use of the stick into specific drills.

Please ensure that we have your email address so that we can keep you posted with important information as it becomes available. For more information check out our website.

[www.markhamskatingclub.com](http://www.markhamskatingclub.com)



Full hockey equipment is required including a CSA approved helmet.

To contact Markham Skating Club: 905 472 6982 or via email [info@markhamskatingclub.com](mailto:info@markhamskatingclub.com)  
Registration dates are on our website!